

November 2006

Physical Therapy[®]

PRODUCTS

PRACTICE SOLUTIONS FOR PHYSICAL THERAPY PROFESSIONALS

Pilates' **Suprising** *Benefits*

*Therapeutic techniques for
pediatric autism*

Amputee Patient Rehab

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5th Annual Software Roundtable

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Understanding Physiopuncture

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www.PTProductsOnline.com

An Ascend Media Publication

Training System

Sportsmith introduces its new SportStep, a versatile system that provides balance, core stability, and resistance training. The SportStep system is ideal for every fitness level and includes the durable 24- x 15-inch nonslip stability-bubble platform, inflation pump, and removable resistance bands. The stability level increases with added bubble inflation. Any floor exercise can be done with the SportStep system to enhance cardio,



strength, and sports conditioning, and, to deliver a more effective and enjoyable training experience.

The exercise weight limit for the system is 350 pounds.

For more information, contact SportSmith, 5925 S 118th E Ave, Tulsa, OK 74146; (800) 713-2880; www.sportsmith.net.

Automatic Door Switch

When health care providers move patients or heavy equipment, they are at risk of straining or injuring themselves. The INGRESS'R door switch, by Wikk Industries Inc, gives unconditional door access to anyone whether they are severely disabled or simply



have their hands full (when mounted 3 inches from the floor). The switch is 36 inches tall by 6 inches wide, and it has a fully actionable 21/2-inch center column that enables the switch to be activated and the door opened from any height or angle of approach.

Wikk offers switches in four distinct sizes, six shapes, and twelve legends; custom engraving, as well as electrical, key, pneumatic, and wireless switching. The switches are available in bronze and stainless steel, and switch accessories include surface boxes, wireless components, and premium-quality bollard posts.

For more information, contact Wikk Industries Inc, PO Box 167, Greendale, WI 53129; (877) 421-9490 ext 13; www.wikk.com.

Hand Sanitizer

Eco-Logics has added the Sani-Kleen instant waterless hand sanitizer to its product line. It is available in three sizes: a 1-gallon bulk size with a free pump, an 8-ounce bottle with pump or disc cap, or a refillable pocket-size sanitizer. The tact-free formula contains aloe vera, chamomile, vitamin E, and glycerin to moisturize and condition the skin.



For more information, contact Eco-Logics Inc, PO Box 702, Royal Oak, MI 48608; (888) 743-8444; www.egologicsinc.com.

Exercise Balls

FitBALL® exercise balls, by Ball Dynamics International LLC, are often used before, during, and after pregnancy. The balls are commonly referred to as birthing balls when used in this manner. FitBALL birthing balls are independently weight-tested and made from burst-resistant material. Additionally, FitBALL exercises strengthen the deep, supportive muscles in the lower back and surrounding the spine so users will have better posture and be less prone to backache and sciatica. The FitBALL also helps during labor by offering support, alignment, relaxation, and help with the pushing.



For more information, contact Ball Dynamics International LLC, 14215 Mead St, Longmont, CO 80504; (800) 752-2255; www.fitball.com.